The End-of Life-Nursing Education Consortium (ELNEC)* Train the-Trainer Program An International Collaboration to Offer Intensive Instruction in Caring for Patients with Serious Medical Conditions and Life Limiting Illnesses

Dhaka, Bangladesh January 8th, 9th, 10th, 11th and 12th 2018

Nurses from Massachusetts General Hospital (MGH) and Simmons College in Boston will be traveling to Dhaka in early January to offer a five-day intensive palliative care training program for nurses in Dhaka. The training is being offered through the generous support of Nusrat and Tahsin Aman of the Ayat Skill Development Centre in Bangladesh. Dhaka Medical College Hospital will be convening the program in collaboration with BSMMU and NCIRH. Under the leadership of Dr. Bimalangshu Dey, the nurse faculty have been in Bangladesh previously, teaching the practicing nurses at Dhaka Medical College Hospital about the care of oncology and bone marrow transplant patients. Each of the nurse faculty has been trained in teaching the ELNEC curriculum and all are practicing in clinical areas at MGH where palliative nursing and end-of-life nursing care are offered with excellence and compassion to patients and their families. They are honored to be invited to present the ELNEC Train-the-Trainer Program to nurse in Bangladesh.

The End-of-Life Nursing Education Consortium (ELNEC) Project is a national end-of-life educational program administered by City of Hope (COH) and the American Association of Colleges of Nursing (AACN) designed to enhance palliative care in nursing. The ELNEC Project was originally funded by a grant from The Robert Wood Johnson Foundation with additional support from funding organizations (Aetna Foundation, Archstone Foundation, California HealthCare Foundation, Cambia Health Foundation, Milbank Foundation for Rehabilitation, National Cancer Institute, Oncology Nursing Foundation, Open Society Institute/Foundation, and the US Department of Veterans Affairs). Further information about the ELNEC Project can be found at www.aacn.nche.edu/ELNEC.

The five-day training will offer intensive, comprehensive, applied learning strategies to address the care of patients with serious medical conditions and the care of patients at end of life. Areas of focus will include:

- an overview of palliative nursing communication
- pain and symptom management
- loss, grief, and bereavement
- ethics
- cultural considerations
- care during the final hours
- self-care
- teaching strategies
- a review of ELNEC resources to achieve quality palliative care

This course will prepare nurse-participants to teach the ELNEC Curriculum in their own settings and become transformational leaders in the practice and teaching of palliative nursing concepts.

More than 23,000 nurses and other healthcare professionals in the United States and 92 countries across the world have participated in ELNEC Training Programs.

*Copyright City of Hope and American Association of Colleges of Nursing, 2006; Revised 2014, 2016, 2017.

Course Faculty

Anne-Marie Barron PhD, RN, PMHCNS-BC

Associate Dean, School of Nursing and Health Sciences, Simmons College Psychiatric Clinical Nurse Specialist (part-time) Inpatient Oncology and Bone Marrow Transplant Unit, Massachusetts General Hospital

Dr. Barron is Associate Dean for Student Affairs in the School of Nursing and Health Sciences at Simmons College. She received her B.S. in nursing from Boston College, her M.S. in Psychiatric and Mental Health Nursing from the University of Massachusetts at Amherst, and her PhD from Boston College. Anne-Marie has taught across the undergraduate curriculum in a number of courses, most notably, Psychiatric Nursing and Caring at the End of Life, a semester-long course based on the ELNEC Curriculum. Dr. Barron's teaching, practice, and research interests are focused on meaning and illness and the understanding and alleviation of suffering. Her central goals in nursing and health science education are to guide and support students as they develop perspectives and skills that enable them to offer healing presence in the lives of their patients. Anne-Marie currently practices part-time as a Psychiatric Clinical Nurse Specialist on the Inpatient Oncology and Bone Marrow Transplant Unit at Massachusetts General Hospital where she also holds an appointment as Faculty Nurse Scientist.

Anne-Marie has had the privilege of consulting on nursing education in Bangladesh since 2009 as part of an interprofessional team. The Nursing Program at Simmons College, Massachusetts General Hospital and MGH Center for Global Health, and the A.K. Khan Healthcare Trust in Dhaka, Bangladesh have collaborated on the education of practicing nurses at Dhaka Medical College Hospital. The collaboration is part of larger initiative between the Government of Bangladesh and Massachusetts General Hospital to establish the first Bone Marrow Transplant Program within Bangladesh.

Anne-Marie has been teaching the ELNEC curriculum since 2004 and is in close communication with leaders at the American Association of Colleges of Nursing in planning the offering of the ELNEC Trainthe-Trainer Program in Bangladesh.

Emily Erhardt, BS, RN

While working as a staff nurse in and ICU at Massachusetts General Hospital, Emily was presented with the opportunity to become involved with the Enhanced Specialized Nurse Training Program (ESNTP) in Dhaka, Bangladesh. Focusing mainly on the care of oncology patient, and specifically bone marrow transplant patients, Emily was apprehensive that she would be able to educate nurses on a topic she was not all too familiar with herself. However, she knew it was an opportunity that she could not pass up, and in 2014 traveled for the first time to Bangladesh as a Global Health Nurse Fellow for the ESNTP. Soon after her arrival, Emily was relieved to find that nursing as a whole, is a universal language. Not only she did feel confident in guiding these intelligent women and men in the care of an immunocompromised patient, but she found that they too, had many things to teach her, as well. The compassion and empathy the nurses had for their patients, with limited resources, lit a fire within Emily, and made her realize oncology was her true calling in nursing. When she returned home, she made the transition from a critical care nurse to an oncology nurse, and has not looked back since. She has her Bengali friends to thank for that.

This is her third trip to Bangladesh, and she is excited to be back, and to share her knowledge in palliative care with the End of Life Nursing Education Consortium.

Jocelyn Hulbert, BS, RN

Jocelyn Hulburt is a registered nurse and has worked at Massachusetts General Hospital in Boston for ten years in three different units: Burn Intensive Care, Surgical Intensive Care, and Emergency Medicine. In these critical care environments, Jocelyn has developed a passion for improving patients' suffering and supporting end-of-life transitions. She has truly valued and enjoyed sharing and learning the art of nursing through teaching new nurses and courses at Endicott College in Boston and traveling to provide medical aid in Kenya, Uganda, and Haiti. In 2017, she had the opportunity to travel to Bangladesh and fulfill this passion once again. Through the Bone Marrow Transplant Program partnership with Massachusetts General Hospital, Simmons College, and Dhaka Medical College Hospital she was able to share her knowledge of Bone Marrow Transplant and learn from the nurses in Bangladesh. She is honored to return again this year to share her passion for improving end of life care.

Nisha Wali, BS, RN

Nisha Wali currently works as an oncology specialized staff nurse at Massachusetts General Hospital. She first became involved in global health nursing during her undergraduate education taking on internships in South Africa and Sweden. Nisha started her career in Boston as a medical oncology nurse at MGH. She became affiliated with the Enhanced Specialized Nurse Training Program (ESNTP) in Dhaka, Bangladesh in 2014 as a Global Health Nurse Fellow. Taking on a long-term teaching assignment in Dhaka as a nurse educator for a group of nurses who would go on to work in Bone Marrow Transplant Unit and on medical oncology units. The camaraderie she experienced in Bangladesh was characterized by fellowship and the shared goal of elevating the knowledge level of the nurses in Dhaka. Since becoming involved in ESNTP Nisha has expanded her oncology specialty to include infusion therapy with the use of traditional chemotherapy as well as cutting edge immunotherapies. This year Nisha returns to Bangladesh for the third time to deliver an international curriculum aimed at enhancing palliative nursing care to patients faced with critical illness. She hopes to grow her global health experience and continue a lasting dialogue with her fellow Bangladeshi nurses.